

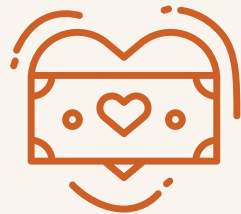
Thank you for your care and generosity!



Gratitude Report 2022–2023

*Thank you for caring for local families
and individuals in crisis!*

Thanks to you—



6,732

children, adults and families in our community received the life-saving care, support, skills, and resources they needed to find safety, heal from trauma, live healthier lives, and more fully engage with their families and the community.

**You've given our community the gifts of safety,
health, and healing. Thank you!**

“My therapist literally has saved my life a few times over the course of our time working together. He's always there if I need anything or provides a back-up person I can speak with. His dedication to his job and clients is remarkable... I've gone many years without addressing major traumas and mental health issues and with his help, I'm beginning to learn new skills to cope and live peacefully. He's also my biggest advocate. Thank you!”

~ Anonymous

Thanks to you—



1,013

individuals and families received permanent supportive housing, transitional housing, emergency rental assistance, emergency shelter, and/or supportive housing services.

Thank you for providing safety and stability for these individuals and families. You are helping to reduce homelessness in our community



“It’s a breath of fresh air coming from being homeless, sleeping in my car and washing up in the bathroom of a gas station. I’m realizing that as long as I have my mental health, that’s the biggest deal with me. It’s just a long process and I believe Community Solutions helped me, gave me a place to stay and time to think. Greatness is a process and I’m still in process.”

~ James, age 56

Thanks to you-



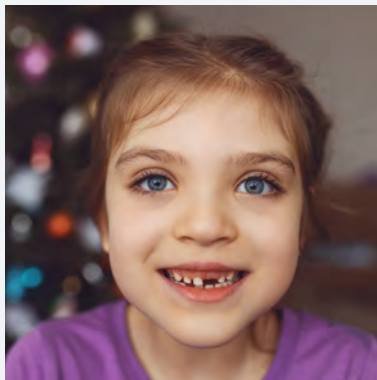
1,150

local children, teens, adults and families received holiday gifts, grocery gift cards, pajamas, jackets, heaters, and other essentials to help make their holidays more joyful and cozy.

Thank you for helping make holiday wishes come true for so many local children, teens and families!

“ We want to say thank you to everyone that helped us have a Christmas this year. This is the first year we have a Christmas tree and presents for everyone. My mom cried. She said because we were able to have presents and food on our dinner table. Our wishes for having presents came true! The gift card for food helped us a lot. I saw my dad and mom and my brothers and baby sister smile and have fun. Our tummy’s [sic] had food.”

~ Ariana, age 7



Thanks to you—



1,259

crisis hotline calls were answered, providing immediate confidential support, safety planning and access to life-saving resources for survivors of intimate partner abuse, sexual assault, and human trafficking.

4,178

nights of safe and confidential shelter were provided for survivors of intimate partner abuse, human trafficking, and their children.

You ensured that every call for help was answered and provided survivors of violence with a safe and supportive first stop on their path toward a life free of violence.

“ I see my advocate as my guide to my healing journey as my [sexual assault] case is still ongoing, I know that I have a support person who I can count on.”
~ Rubi, age 17





Mariana

3,284 SURVIVORS OF INTIMATE PARTNER ABUSE, SEXUAL ASSAULT AND HUMAN TRAFFICKING RECEIVED 24-HOUR CRISIS SUPPORT, SAFE SHELTER, THERAPY, LEGAL ADVOCACY AND SO MUCH MORE. **YOU HELPED SURVIVORS AND THEIR FAMILIES HEAL AND BUILD NEW LIVES FREE OF VIOLENCE.**

“I was very depressed, hopeless and felt lonely many times due to being left alone at home with my baby by my partner so that he could leave the home to use his substances,” says 29-year-old Mariana. When she reached out to the police after being nearly strangled, she was anxious and fearful that her partner would find out where she was and hurt her again. Mariana been both physically and economically abused and prohibited from working or from contacting her family.

Thanks to you, Mariana and her baby received immediate safe and confidential shelter, plus assistance filing a restraining order, safety planning, peer counseling and the resources and skills she needed to start rebuilding their lives. She was able to get into a transitional housing program for survivors of violence and is currently working with our Pilot Immigration Support Program to apply for a U-Visa as a survivor of a crime.

“I learned that I have a voice. I arrived in submission to this country and being told that what I say has no value and doesn’t matter, but I learned that what I say does matter. It mattered to the police, the many DV Advocates, to my Legal Advocate, the Judge and to the C.S. Pilot Immigration Support Program.”



It was my experience that if one advocate couldn’t help me then another one would step in to provide me the assistance I needed. I was lost and then I was guided.”



Carmen

1,173 CHILDREN, TEENS AND YOUNG ADULTS RECEIVED LIFE-SAVING MENTAL HEALTH CARE AND SUBSTANCE USE TREATMENT. **YOU GAVE THESE YOUTH AND THEIR FAMILIES THE TOOLS THEY NEED FOR A LIFETIME OF MENTAL WELLNESS, INCLUDING THE ABILITY TO REENGAGE WITH FAMILY, FRIENDS, SCHOOL, AND JOBS.**



I learned that it is okay to not be okay. [Anxiety] is something that I have to deal with and not run away from, but what matters is how you deal with it, and it does not make you less of a person to struggle with mental health.”

At first, 19-year-old Carmen didn’t even know she was experiencing symptoms of anxiety. “I was not sure what was going on, I thought I was sick. [I was] very angry and [had] a lot of pent-up emotions. It was very hard to open up and talk to people.” Carmen struggled to leave her home, engage in friendships, and concentrate in school.

Your support provided Carmen with much-needed mental health care provided by a local treatment team dedicated to her wellness. Through therapy, Carmen learned to identify and challenge the negative thoughts that increase her anxiety, including the thoughts that she could never get better. She learned mindfulness, communication, organization, and anxiety management skills – all of which she now uses daily on her own. Carmen has reconnected with old friends and strengthened relationships with her family. Today she is able to leave her home and focus on college once again.

A close-up portrait of a middle-aged man with dark hair, smiling slightly. He is wearing a red V-neck shirt. The background is a soft, out-of-focus gradient of light colors.

Trung

120,752 HOURS OF MENTAL HEALTH CARE AND SUBSTANCE USE TREATMENT WERE PROVIDED FOR LOCAL ADULTS, CHILDREN AND TEENS LIVING WITH BEHAVIORAL HEALTH AND/OR SUBSTANCE USE CHALLENGES. **THANKS TO YOU, INDIVIDUALS AND FAMILIES WHO WERE ONCE STRUGGLING ARE NOW THRIVING IN OUR COMMUNITY.**

45-year-old Trung spent years struggling to obtain safe and stable housing. He lacked the proper coping skills to maintain his independence and was often in and out of custody. Paranoia and feelings of discrimination and rejection prevented him from building positive relationships.

Thanks to your support, Trung received mental health treatment and finally found safe and stable housing in one of our Transitional Housing Units (THU). Whenever self-destructive thoughts interrupted his ability to complete daily living activities, Trung's treatment team provided extra support. Medication helped him gain control of his symptoms, and he learned healthy coping skills through therapy and support groups.

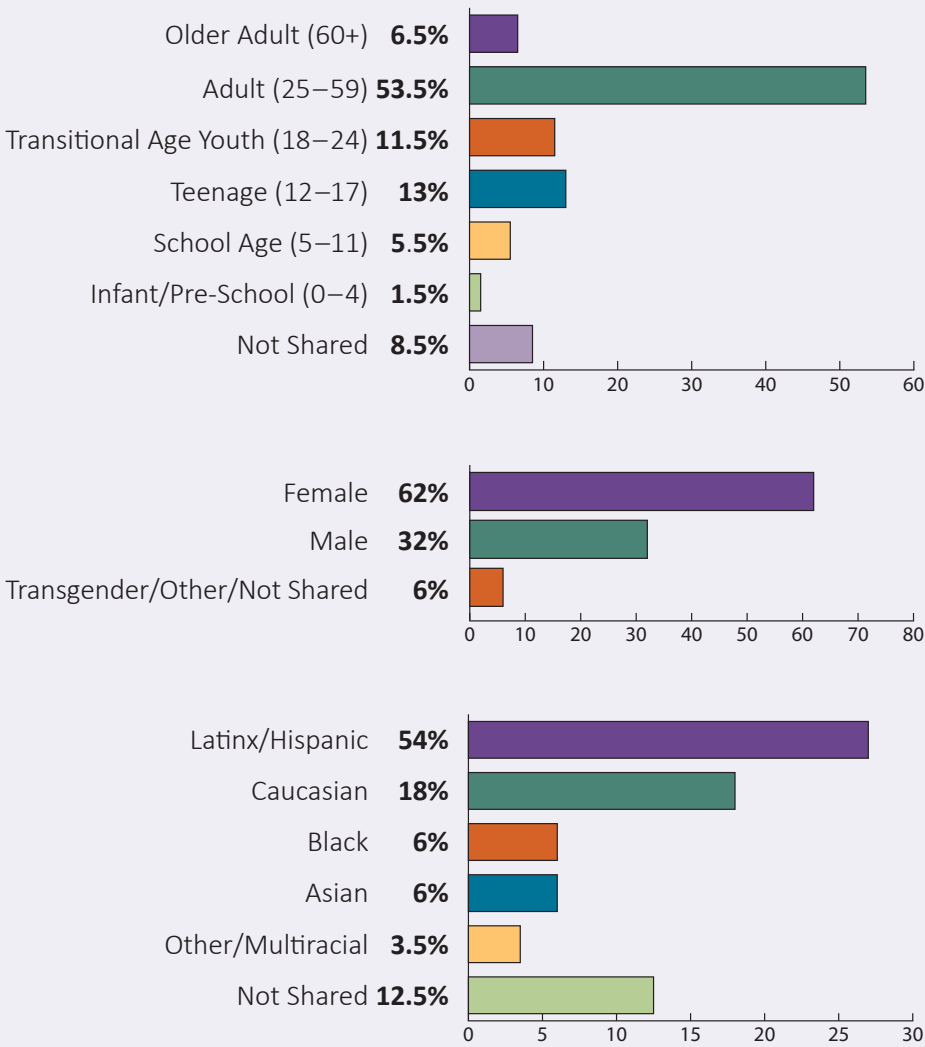
Today, Trung holds his head high. "I approach everything in my life with an open mind," he says, "because when you have an open mind, you are open to change." Trung is working full-time and giving back to his community as a house monitor at the THU. He is now the one providing support to new clients! He says the program taught him that "there are good people in the world."



This program has changed my perspective on how to stay positive and has allowed me to learn how to recognize and remove negativity in my personal life."

THE LIVES YOU'VE CHANGED

DEMOGRAPHICS



Estoy muy agradecido por todo. Fue lo mejor. Mi hijo simple estaba emocionado al ver la persona que dar a su servicio... Muchas gracias. Excelente servicio. Siempre me sentí escuchado, al igual que mi hijo. *I am very grateful for everything. It was the best. My son was simply excited to see the person who provided his service... Thank you very much. Excellent service. I always felt heard, as did my son.*

~ Anonymous

FISCAL OVERVIEW

Total Assets	\$ 13,825,190
Total Liabilities	\$ 12,017,478
Net Assets	\$ 1,807,712

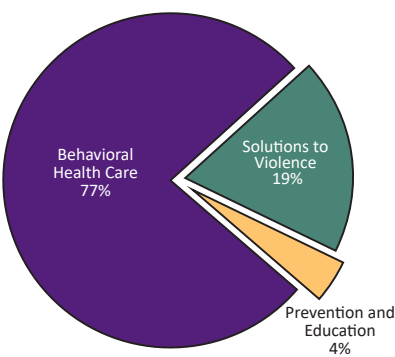
REVENUE

Government Grants & Contracts.....	\$ 44,751,036
Community Support	750,023
Fees for Service	109,362
Other Income	367,800
Total Revenue	\$ 45,978,221

EXPENSES

Program Services	\$ 41,758,228
Administrative & Support Services	3,589,949
Fundraising	471,332
Total Expenses	\$ 45,819,509

PROGRAM SERVICES



A complete copy of our
FY23 Audited Financials can be viewed
and downloaded from our website:
www.communitysolutions.org.

*You are helping local families
and individuals in crisis!*

Your support provides local families and individuals in crisis with the critical programs, services, and support they need to achieve lasting safety, recovery, healing, and wellness. To learn more about our services, volunteer opportunities, and ways that you can help, please visit our website at www.communitysolutions.org or call 408-846-4717.

OVERVIEW: *Where We Are Headed*

Community Solutions is dedicated to serving our local community with a strong focus on caring for some of the most vulnerable individuals who live here.

Over the next three years, we are committed to continuing our impactful work in Santa Clara and San Benito Counties, with a focus on deepening and expanding our impact in South Santa Clara County.

Our three-year Strategic Plan focuses on:

- **Strengthening** our existing services and systems of care
- **Deepening** our impact in the lives of individuals, families and our community by further increasing the quality of our client care and service delivery
- **Enhancing** the employee experience of our staff, who are the backbone of our agency, to ensure that they feel cared for, connected, competent, and able to provide quality client interactions and care
- **Adjusting** to the significant external changes we are facing in the fields of behavioral health care, survivor advocacy, and beyond

In addition to our current approaches, we will invest in further developing our holistic, full-person care approach while centering wellness and community health in our services. We will assess current needs to determine where we can best increase our impact in South Santa Clara County.

STRATEGIC PRIORITY: *Our Services*

Provide culturally responsive, community-informed, research-based, and effective services

→ GOALS

- Clients improve their health, well-being, and quality of life, and we have the data to prove it
- Our services are accessible and serve our clients' specific and individualized needs



STRATEGIC PRIORITY: *Our People*

Cultivate a diverse, engaged, well-cared-for workforce

→ GOALS

- All Community Solutions staff feel engaged, confident, and competent in their jobs
- Each employee feels a deep sense of belonging and interconnection at work



STRATEGIC PRIORITY: *Our Impact*

Strengthen our presence and impact in South Santa Clara County

→ GOALS

- Contribute to a more responsive, accessible, and integrated service delivery spectrum in South Santa Clara County
- Community Solutions staff and leaders are meaningfully engaged in the South County community



A full version of our 2023-2026 Strategic Plan Summary can be viewed and downloaded using this link:

<https://bit.ly/CS-StrategicPlan-2023-2026>

AGENCY LOCATIONS

MAIN OFFICE

9015 Murray Avenue, #100
Gilroy, CA 95020
408-842-7138

16264 Church Street, #103
Morgan Hill, CA 95037
408-779-2113

1356 Ridder Park Drive
San Jose, CA 95131
408-225-9163

341 Tres Pinos Road, #202B
Hollister, CA 95023
831-637-1094

24-HOUR CRISIS LINE

Sexual Assault, Domestic Violence & Human Trafficking

(South Santa Clara County & San Benito County)
1-877-END-SADV / 1-877-363-7238

EXECUTIVE TEAM

Erin O'Brien, President & CEO
Rachel Montoya, Chief Financial Officer
Melanie Daraio, Chief Programs Officer
Lisa DeSilva, Chief Development Officer

BOARD OF DIRECTORS

Joel Goldsmith, Chair
Jeff Jacobs, Vice Chair
Denise Taylor, Treasurer
Jennifer Tate, Secretary
Deborah Morton-Padilla, Immediate Past Chair
Sandra Asher
Erin O'Brien
Rosalydia Tamayo
Lisa Washington
Candice Weaver



www.communitysolutions.org

*Community Solutions' mission
is to create opportunities for positive
change by promoting and supporting
the full potential of individuals,
the strengths of families and the
well being of our community.*