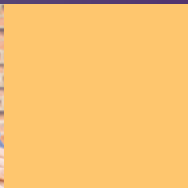




Gratitude Report 2021–2022



*Thank you for caring  
for our community!*

*Thank you for caring for local families  
and individuals in crisis!*

*Thanks to you—*



6,648

children, adults and families in

our community received the life-saving care, support, skills, and resources they needed to be safe, heal from trauma, live healthier lives, and more fully engage with their families and the community.

**You've given our community the gifts of care, health, and healing. Thank you!**



“

*A lot of people didn't understand where I was coming from. In the beginning, [my advocate] just listened to me and cared — that's all I wanted was to be heard. It's very important for youth experiencing homelessness or facing any of life's challenges. Community Solutions helped me learn about myself, like what I'm capable of, to speak up when I need to be heard and stand up for myself. And so much more.”*

~ MATEO, AGE 21

*Thanks to you—*



3,382

survivors of intimate partner abuse, sexual assault, and human trafficking received 24-hour crisis support, safe shelter, counseling, legal advocacy, and the skills and resources needed to rebuild their lives.

**You've given survivors of violence immediate and lasting safety, healing, and a path forward free of violence.**



“

*When I started at Community Solutions, I was scared and terrified at first. Everything was overwhelming, and I didn't know how to process anything. I love that I was not judged but heard; [my advocate] gave me the option to be myself.”*

~ VERONICA, AGE 15

*Thanks to you—*



1,163

**children, teens and young adults** received life-saving mental health care and substance use treatment. You gave these youth and their families the tools they need for a lifetime of mental wellness, including the ability to reengage with family, friends, school, and jobs.

**Thank you for helping local children and teens at this time when youth mental health crises are rising.**

“

*Before finding Community Solutions, my life was very downhill and my mental health and self-esteem were deteriorating a lot. At the time, I felt like I did not deserve to live ... [now] I am optimistic, clean from self-harm ... and [know] that I am loved by family and friends.”*

~ SETH, AGE 15



*Thanks to you—*



769+

individuals and families received permanent supportive housing, transitional housing, emergency rental assistance, emergency shelter, and/or supportive housing services.

**Thank you for providing safety and security for these families and individuals. You are helping to reduce homelessness in our community.**

“

*There's so many people I knew when I was homeless who died, mainly from drug overdoses, I sincerely believe that if I hadn't gotten off the streets when I did, I'd probably be one of them ... There are no words to explain the gratitude in my heart.”*

~ VERA, AGE 35





A close-up photograph of a man and a woman in a warm embrace. The man, with grey hair and a beard, is wearing a blue and white plaid shirt and is kissing the woman on the forehead. The woman has dark hair and her eyes are closed, resting her head against the man. The background is a soft, out-of-focus green, suggesting an outdoor setting.

# *Felipe*

**THANK YOU** FOR PROVIDING SAFETY, SHELTER, COUNSELING, LEGAL ADVOCACY, AND SO MUCH MORE TO SURVIVORS OF INTIMATE PARTNER ABUSE, SEXUAL ASSAULT, AND HUMAN TRAFFICKING. THANKS TO YOU, THESE SURVIVORS ARE ABLE TO HEAL AND START NEW LIVES FREE OF VIOLENCE.

**“Significa todo, no tengo las palabras, pero sin el programa no estuviera vivo.** Es esperanza, fuerza para seguir adelante, motivo, sentido de vivir. Me quedo corto en palabras, ustedes son TODA una razón de seguir con mi vida. Gracias a ustedes estoy mejorando en todos los sentidos.

It means everything, I don't have the words, but without the program I wouldn't be alive. It's hope, strength to keep moving forward, motivation, the will to live. My words fall short, you are ALL a reason to continue with my life. Thanks to all of you I am getting better in all aspects.” ~FELIPE, AGE 51

Felipe endured years of labor trafficking at a Bay Area restaurant where he was given partial wages and was expected to work 16–18 hours every day, with no days off. He was harassed, abused, and threatened with deportation. His traffickers showed him pictures of his wife and daughters, saying, “We know where your wife works and the school your daughters attend.” Wanting to provide for and protect them, Felipe did not tell his family about the threats and abuse.

Felipe found relief through our Anti-Human Trafficking program. Once free, he had to re-learn his own value and worth, and how to live free without being controlled. With therapeutic services and support groups, Felipe learned coping strategies and met other survivors. He is learning that he has a voice and to not be afraid to use it.

“

My life felt hopeless, I didn't think anyone would or could help me with my situation. [Now] I know I still have a lot to contribute to this world.”



# *Vanessa*

**THANK YOU** FOR GIVING CHILDREN, TEENS, AND THEIR FAMILIES THE LIFE-SAVING CARE AND SUPPORT THEY NEED TO OVERCOME EARLY BEHAVIORAL, MENTAL HEALTH AND SUBSTANCE USE CHALLENGES, TRAUMA, AND GANG INFLUENCE. THANKS TO YOU, LOCAL CHILDREN, TEENS AND THEIR FAMILIES ARE WELL AND THRIVING!





Services helped me to transform into the person I've always wanted to become and to be more mentally stable."

**"I was a different version of myself.** I did not really have hope of a future. I was having suicidal ideation, and doing self-harm. [Now I'm] looking for ways to solve my conflicts, challenges in my life. Regularly putting myself out there and engaging in social relationships, like spending more quality time with others, including family. I also identified what quality time is – for example, not sitting in front of the TV." ~VANESSA, AGE 16

Your support provided Vanessa with life-saving therapy and a mental health treatment team committed to both her immediate safety and long-term wellness. Vanessa learned healthy ways to manage her anxiety and depression. She went from being socially isolated to engaging with family and friends. Today, her friends even look to her for advice on mental wellness!

A close-up portrait of a man with short brown hair and a light beard, smiling warmly at the camera. He is wearing a green hooded sweatshirt. The background is a soft, out-of-focus indoor setting.

# *James*

**THANK YOU** FOR PROVIDING LIFE-SAVING MENTAL HEALTH CARE, SUBSTANCE USE TREATMENT, HOUSING, AND SUPPORT TO ADULTS LIVING WITH BEHAVIORAL HEALTH AND/OR SUBSTANCE USE CHALLENGES. THANKS TO YOU, INDIVIDUALS WHO WERE ONCE STRUGGLING ARE NOW THRIVING IN OUR COMMUNITY.

**“Before being enrolled in Community Solutions I was homeless, drinking, I was depressed waiting for my girlfriend to return. She never showed up so I just drank and drank to let the pain go. Doing the program was a good opportunity opened for me. What I am currently doing different in my life now is that I am staying sober by attending the NA/AA meetings I was connected to. I am also taking my medication as directed and that has helped me grow as a person/manage my symptoms.”**

~JAMES, AGE 38

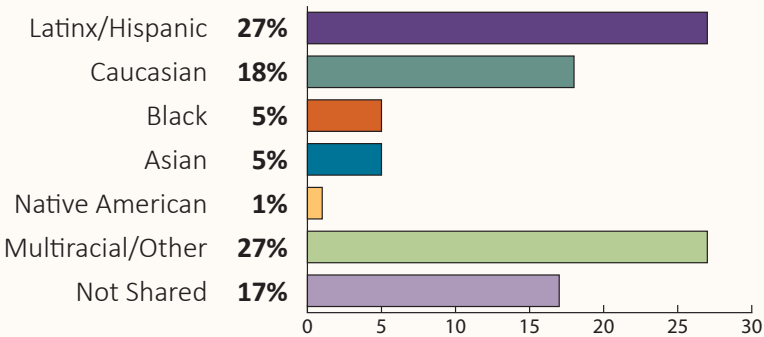
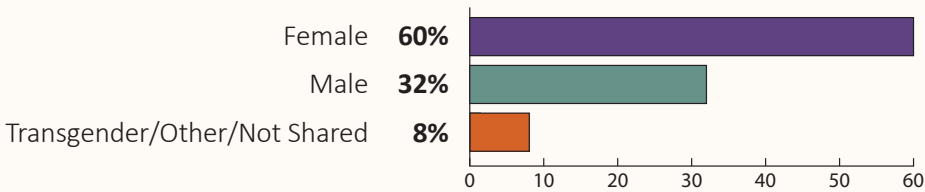
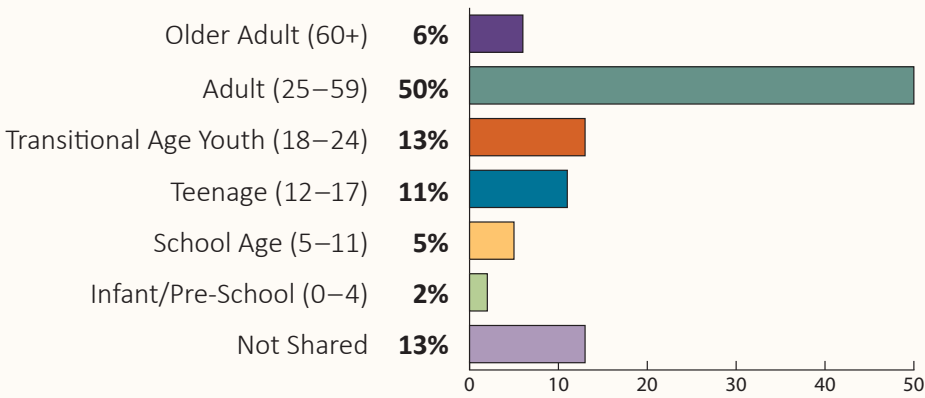
Your support provided James with a treatment team that wouldn't give up on him, despite his initial resistance. They worked hard to find and connect him to an array of services that would be the best fit and support for him. As he built a rapport with his team, James became motivated to make the effort and changes needed to improve and was able to “graduate” to a less intensive program.

“

When I did not have a shirt on my back they held me and for that I am thankful.”

# THE LIVES YOU'VE CHANGED

## DEMOGRAPHICS



*Thank you!*

## YOUR IMPACT IN NUMBERS



**103,548 hours** of behavioral health care were provided for local children, teens, and adults

**5,324 nights** of safe and confidential shelter were provided for survivors of intimate partner abuse, sexual assault, and human trafficking



**\$883,538 in emergency financial assistance** was distributed to local families and individuals to provide immediate support for daily necessities such as groceries, rental assistance, medicine, diapers, gas, utility bills and more

**1,326 crisis hotline calls** were answered providing immediate confidential support for survivors of intimate partner abuse, sexual assault, and human trafficking



**1,133 local individuals and families** received holiday gifts, grocery gift cards, pajamas, jackets, heaters, and other essentials to help make their holidays more joyful

**80% of children** showed improved functioning in daily life skills\*



**75% of children** were acting out less frequently after treatment\*

\* Results at discharge from treatment for matched paired clients (7/1/21-6/30/22) using the Child and Adolescent Needs and Strengths (CANS) survey. These outcomes exceed county and agency goals for improvement.



# FINANCIAL STATEMENTS

JULY 1, 2021– JUNE 30, 2022

## FISCAL OVERVIEW

Total Assets .....	\$ 7,439,467
Total Liabilities .....	\$ 5,790,467
<b>Net Assets .....</b>	<b>\$ 1,649,000</b>

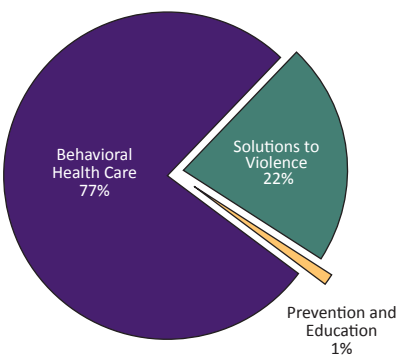
## REVENUE

Government Grants & Contracts.....	\$ 37,119,026
Forgiveness of Debt .....	\$ 1,214,876
Community Support .....	658,952
Fees for Service .....	193,290
Other Income .....	\$ 348,017
<b>Total Revenue .....</b>	<b>\$ 39,534,161</b>

## EXPENSES

Program Services .....	\$ 34,418,287
Administrative & Support Services .....	\$ 4,341,528
Fundraising .....	\$ 369,278
<b>Total Expenses .....</b>	<b>\$ 39,129,093</b>

## PROGRAM SERVICES



A complete copy of our  
FY22 Audited Financials can be viewed  
and downloaded from our website:  
[www.communitysolutions.org](http://www.communitysolutions.org).



*You are helping local families in crisis!*

Your support provides local families and individuals in crisis with the critical programs, services, and support they need for lasting safety, recovery, healing, and wellness. You can make a difference as a donor, volunteer and/or advocate. To learn more about our services, volunteer opportunities, and ways that you can help, please visit our website at [www.communitysolutions.org](http://www.communitysolutions.org) or call 408-846-4717.

# *Focus on Human Resources*

Our ability to provide excellent care to the community is dependent on our ability to recruit and retain high-quality clinical staff who are dedicated to our clients and mission.

Prior to COVID, a nationwide shortage of social workers and therapists made the filling of open positions difficult for Community Solutions and other mental health agencies. The combination of COVID-related stress, the high cost of living and lack of affordable housing locally has resulted in staff moving to less expensive areas or leaving the field altogether.

In the past fiscal year, we invested in the following key initiatives in an effort to retain and attract clinical staff, both to our agency and to the field of social work:

- Advocated for the County of Santa Clara Behavioral Health Department to **increase the rates of payment** to nonprofit behavioral health agencies. This enables us to offer more competitive salaries for case managers, therapists and other clinical staff, making it possible to recruit and retain quality staff locally.
- Significantly expanded our Internship Program by **providing paid internships** for graduate and undergraduate students. After graduating, two thirds of our interns have been hired by Community Solutions as full-time staff who are able to begin work already familiar with our agency and practices.
- **Expanded our highly regarded CS Training Institute**, providing both agency staff and nonprofit partners with access to cutting-edge professional and personal development opportunities and clinical best practices.
- Created an **on-site Care Team** dedicated to supporting staff who are struggling with the stress of life and work, including the weight of caring for others' trauma and hurt.

## AGENCY LOCATIONS

### MAIN OFFICE

9015 Murray Avenue, #100  
Gilroy, CA 95020  
408-842-7138

16264 Church Street, #103  
Morgan Hill, CA 95037  
408-779-2113

1356 Ridder Park Drive  
San Jose, CA 95131  
408-225-9163

341 Tres Pinos Road, #202B  
Hollister, CA 95023  
831-637-1094

## 24-HOUR CRISIS LINE

### Sexual Assault, Domestic Violence & Human Trafficking

(South Santa Clara County & San Benito County)  
1-877-END-SADV / 1-877-363-7238

## EXECUTIVE TEAM

Erin O'Brien, President & CEO  
Rachel Montoya, Chief Financial Officer  
Melanie Daraio, Chief Programs Officer  
Lisa DeSilva, Chief Development Officer

## BOARD OF DIRECTORS

Joel Goldsmith, Chair  
Jeff Jacobs, Vice Chair  
Denise Taylor, Treasurer  
Jennifer Tate, Secretary  
Deborah Morton-Padilla, Immediate Past Chair  
Sandra Asher  
Dana Ditmore  
Erin O'Brien  
Lisa Washington  
Candice Weaver



[www.communitysolutions.org](http://www.communitysolutions.org)

*Community Solutions' mission  
is to create opportunities for positive  
change by promoting and supporting  
the full potential of individuals,  
the strengths of families and the  
well being of our community.*