



Create a video showing what **“Healthy Relationships”** means to you using the themes provided in honor of Teen Dating Violence Awareness Month

WIN CASH PRIZES

1st: \$500

2nd: \$250

3rd: \$100

Winning videos will be featured on Community Solutions and GUSD websites

**SUBMISSION DEADLINE
FEBRUARY 28, 2021**



WHO IS ELIGIBLE

GUSD STUDENTS
GRADES 6-12

CONTEST RULES

The following pages give detailed information about contest rules, video submission, themes and concepts.

Each entry must include release signed by parent/guardian and current contact information.

QUESTIONS?

Laura Wales
408.205.2695

Genevieve Logsdon
408.713.8017

PARTNERS



VIDEO RULES

- All videos must be submitted by February 28th, 2021.
- You must submit a release form signed by a parent/guardian in order to have your video considered.
- Appropriate language and behavior must be exercised (no violent behavior, no swearing, etc.).
- All clothing/attire must be appropriate (no violent images or language, no reference to drugs or alcohol, etc.).
- All videos must be between 1 and 1.5 minutes long.
- **Disclaimer:** It is important to remind you that we are mandated reporters. This means that if you are under the age of 18 years old and are experiencing abuse, abusing someone else who is under the age of 18, or harming yourself, we are required to report it. This rule applies in any setting where people work with youth under the age of 18. This is a project where we want you to feel safe and able to express your ideas and experiences without judgement, while also keeping everyone safe and healthy.



VIDEO SUBMISSION INSTRUCTIONS

1. **Before you submit your video:** Please send your signed release form (a picture of it is okay) and video file name to:
Genevieve Logsdon: genevieve.logsdon@communitysolutions.org
Laura Wales: laura.wales@communitysolutions.org
2. **Once you have sent the release form:** You will receive an email from intouchwithteensgilroy@gmail.com with a link to a file where you can drop your video (NOTE: you must have a google account to submit your video).
3. The link you are given will expire after 24 hours; please make sure to submit your video within the given time period.
4. If you need any assistance, or if you miss the 24-hour time period, feel free to contact Laura or Genevieve through the email above.

VIDEO GUIDELINES

Entries should be between 1 and 1.5 minutes in length.

Create an original video that follows the theme of “Healthy Relationships”

Refer to the next page for some ideas.

SUGGESTIONS FOR BEST QUALITY VIDEOS

Have fun and be creative!

Think about good lighting (lighting behind the recording device, well-lit space, etc.).

Practice taking sample videos.

Try to reduce background noise.

Review cheat sheet before recording.

HEALTHY RELATIONSHIPS VIDEO CONCEPT IDEAS

Some ideas to get you started on creating an original video illustrating healthy relationships:

6 C's of a Healthy Relationship

- ◆ Commitment
- ◆ Communication
- ◆ Compatibility
- ◆ Compromise

Links:

[Power and Control Wheel](#)

[LGBTQ P&C Wheel](#)

[Teen P&C Wheel](#)

[Equality Wheel](#)

Changing the Conversation

How can we change how our cultures affect sexual harassment, and gender norms?

Is it Flirting?

When does it cross the line from flirting to sexual harassment?

The 4 D's of Upstanders

Direct, Distract, Delegate, Delay

What can you do when you see someone hurting someone else or themselves?

Other Resources:

www.loveisrespect.org

www.thatsnotcool.com

www.futureswithoutviolence.org

**Community Solutions 24-Hour Confidential Crisis Line:
Sexual Assault, Domestic Violence/Intimate Partner Abuse, or Human Trafficking:
877-END-SADV (877-363-7238)**

Consent for Release of Video

I, _____ (Person's Name), grant my permission to Community Solutions to publish and publicize the attached video and information about prevention of domestic violence, sexual assault, and violence within our community.

I understand that this information will be used in media relations, social media, prevention videos, and other communication strategies to internal and external audiences. I understand that Community Solutions may edit the information and may use it in whole or in part. Any materials produced will remain the property of Community Solutions.

I also understand that my permission is limited to the video, my name, age, and the city I reside. No other information will be shared without my expressed consent.

Because we care about your wellbeing, it is important to remind you that we are mandated reporters. What this means is that if you are under the age of 18 years old and are experiencing abuse, abusing someone else who is under the age of 18, or harming yourself, we must report it. This applies in any setting where people work with youth under the age of 18. This is a project where we want you to feel safe and able to express your ideas and experiences without judgement, while also keeping everyone safe and healthy.

I hereby waive any right to compensation for the use of any images or recordings provided by me under this authorization, and I hereby release Community Solutions, and its employees from liability resulting from or attributable to any of the procedures and actions authorized above.

Person's Signature: _____ Date: _____

Guardian Signature (if under age 18): _____

Address: _____

City, State, Zip: _____

Phone: _____

Community Solutions Staff Signature: _____ Date: _____