



PPI Prevention Partnership International (PPI)

Update: Due to the expanding ACEs response in California, and subsequent interest in *Celebrating Families!* we are extending the due date for proposals to May 24th.

Request For Qualifications- FY19

***Celebrating Families!* California Expansion Project**

Bid Designation: Public



Creating Opportunities • Changing Lives

Request for Qualifications

Project Name : *Celebrating Families!*[™] CA Expansion Project

Company Name: Prevention Partnership International c/o Community Solutions

Address: 9015 Murray Ave., Suite 100

City, State, Zip Code: Gilroy, CA 95020

Procurement Contact Person: Melissa Santos

Telephone Number of PCP: 408-665-4818

Email Address of PCP: Melissa.Santos@CommunitySolutions.org

Grant Description: The California State Office of Child Abuse Prevention (OCAP) recognizing the effectiveness of *Celebrating Families!*[™] (*CF!*), has awarded Prevention Partnership International (PPI) a \$100,000, 2-year challenge grant to (1) Identify, train and support agencies in California to provide *CF!* to children and families at high risk for abuse and neglect and (2) Establish the structure to continue expansion of *CF!* in the State. PPI has subcontracted with Community Solutions to lead and coordinate this project. Two (2) organizations will be selected in this Year 1 grant cycle. The grant will provide training, technical assistance coaching, curriculum materials and evaluation at no cost (*a \$18,000 value*). Selected sites will be required to demonstrate the ability to fund the cost to implement the program as outlined in this RFQ.

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1. RFQ Proposal Checklist

Celebrating Families! **FY 19 California Expansion Project**

RFQ PROPOSAL CHECKLIST

PLEASE ENSURE THAT ALL OF THE DOCUMENTS BELOW ARE SUBMITTED AS PART OF YOUR PROPOSAL PACKAGE. INCOMPLETE SUBMISSIONS WILL NOT BE REVIEWED.

- ☐ **RFQ PROPOSAL CHECKLIST**
- ☐ **ORGANIZATIONAL DEMOGRAPHICS FORM (ATTACHMENT A)**
- ☐ **PROPOSAL NARRATIVE**
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- ☐ **ORGANIZATIONAL STAFFING CHART**

2. Background/Introduction

a. Lead Agency Introduction: Prevention Partnership International (PPI)

PPI partners with community based organizations to provide services and program expertise regarding needs of children and families, including Department of Social Services, treatment providers, Courts, FIRST5, churches and schools. All programs are research-based, piloted and evaluated before being released for national distribution.* PPI's unique organizational model allows it to provide extensive, high level services at a very low cost with

- Program Developers combining current research knowledge with professional and personal experience from “the field” that acknowledges the challenges families impacted by addiction face.
- The agency utilizing pro-bono services of highly qualified researchers and evaluators, in-kind office and training space, and a fiscal agent, limiting administrative costs to 10%, including insurance and yearly audits.

Lead staff are: Rosemary Tisch, Director, M.A. Stanford University - Counseling Psychology with 35 years' experience in addiction prevention services; Mary Gardner, Project Director, retired Superintendent of Schools, A.B.D. University of California Berkeley (UCB) - Language Development; Dr. Edward Cohen, evaluator, Ph.D., UCB - Social Welfare, Tenured Associate Professor San Jose State University, Fulbright Core Scholar, and Principal Investigator numerous Juvenile Court studies.

PPI provides national trainings and conference presentations and publishes journal articles on practices and principles of effective prevention. Honors include: 2015 Hope Tribute for advocating for children and adolescents affected by disease and co-occurring disorder; the 2013 Simple Servant award from the Diocese of El Camino, CA; 2012 Vernon Johnson Award from Faces & Voices of Recovery; 2011 Ackerman/Black Award from National Assoc. for Children of Addiction (NACoA); and 2010 California State Director's Award for Cultural Diversity; 2008 selection as one of NACoA's 25 individuals who “save, protect and guide children of alcoholics”.

***b. Celebrating Families!™* California Statewide Expansion Project**

Prevention Partnership International (PPI) develops programs addressing the destabilization and disintegration of the family unit, due to substance use and mental health disorders. PPI formed in 2001 in response to a request from a judge in Santa Clara County Dependency Drug Court for a program to prepare families for reunification with their children. (Children had been removed due to parental substance use, child abuse and neglect.) The program, *Celebrating Families!™*:

- Gives parents dealing with addiction needed skills to stay sober, to begin to heal, and to build healthy, non-violent relationships with their children.
- Decreases risks of child abuse/neglect and of children repeating the family cycles of addiction and related violent lifestyles of their parents.
- Utilizing an intergenerational, dual-family approach, demonstrably improves rates of family reunification, while reducing time, when determined safe.

Celebrating Families!™ is so effective because it recognizes that addiction is both developmental (beginning in adolescence or childhood, when the brain is undergoing change) and multi-generational (the parent with a substance use disorder (SUD) often being the child or grandchild of an addict).

- Children whose parents are dealing with SUDs are four times more likely to develop addiction.
- 50-80% of child welfare cases involve parental SUDs (SAMHSA, 2009).

- Children in the child welfare system with parents with a SUD are more likely to experience lengthier stays in out-of-home placement, recurrent involvement with child welfare services, and lower rates of family reunification (U.S. Department of Health and Human Services, 2009).

Prevention programs targeting the whole family, such as *Celebrating Families!*[™], are effective (United Nations Office on Drugs & Crime, 2014). Long-term results of family-skills programs show positive, sustained improvement in family and child management skills and delayed initiation of substance abuse by children. When compared with other prevention approaches, family programs are nearly 15 times more effective. Yet, few evidence-based family-focused programs exist; fewer still focus on addiction.

Invitation to Expand *Celebrating Families!*[™] Statewide: The California State Office of Child Abuse Prevention (OCAP) recognizes the effectiveness of *Celebrating Families!*[™] (*CF!*) and offered PPI a \$100,000, 2-year challenge grant to (1) Identify, train and support agencies in California to provide *CF!* and (2) Establish the structure to continue expansion of *CF!* in the State. Currently there are several programs in San Jose, as well as in Sacramento and Hanford. Programs are funded primarily by their County's Department of Family and Children Services or Child Abuse Prevention. All have outstanding evaluation outcomes.

About *Celebrating Families!*[™]

Celebrating Families![™] (*CF!*) is an evidence-based, trauma-informed, skill building program of 16 sessions serving the whole family: children ages birth -17, their parents and caregivers. Each session begins with a family meal, followed by 90 minute age-appropriate instructional sessions, ends with a 30-minute family activity where families practice the skills they are learning. *CF!* was developed specifically for families dealing with or at high risk for a multiple problems: substance use disorders; multi-generational trauma; physical and mental health challenges; cognitive deficits due to trauma, genetics, or in-utero exposure; and safety (child abuse/neglect and family violence). *CF!* addresses these needs through building healthy living skills, and psychoeducation:

4-17 Core Curriculum Components:

HEALTHY LIVING SKILLS	PSYCHOEDUCATION & INSIGHTS
<ul style="list-style-type: none"> • ANGER MANAGEMENT • APPROPRIATE EXPRESSION OF FEELINGS AND DEFENSES • BECOMING A SAFE FAMILY • EFFECTIVE COMMUNICATION • GOAL SETTING AND DECISION MAKING • HEALTHY FRIENDSHIPS AND RELATIONSHIPS • STRESS REDUCTION • SPECIFIC BEHAVIORS TO INCREASE ATTACHMENT BETWEEN PARENTS AND CHILDREN 	<ul style="list-style-type: none"> • COMPONENTS OF HEALTHY LIVING • BRAIN DEVELOPMENT AND BRAIN CHEMISTRY • SUBSTANCE USE AND ITS EFFECTS ON THE FAMILY • LEARNING DIFFERENCES AND IN-UTERO EXPOSURE • RISK & PROTECTIVE FACTORS • ROLES AND RESPONSIBILITIES OF EFFECTIVE PARENTS • HELPING OTHERS: ACTS OF KINDNESS • WONDER OF THE WORLD (WOW MOMENTS) • PERSONAL & FAMILY VALUES CLARIFICATION • SELF-WORTH/SELF-EFFICACY: RECOGNIZE AND CELEBRATE UNIQUENESS AND PERSONAL POWER

0-3 Curriculum Components

HEALTHY ATTACHMENT SKILLS	PSYCHOEDUCATION & INSIGHTS
<ul style="list-style-type: none"> • CENTERING AS A FAMILY • CONTINUITY & REPETITION • FOLLOWING CHILDREN'S LEAD • GIVING CHILDREN SIMPLE CHOICES • GIVING PARTING AND RETURNING AFFIRMATIONS • HOW TO "READ" BOOKS & ITS IMPORTANCE • IDENTIFYING AND RESPONDING TO BABY CUES • RELAXING AND ENJOYING CHILDREN • REPEATING FAVORITE ACTIVITIES • USING BABY SIGNS AS PRE-LANGUAGE COMMUNICATION • LANGUAGE DEVELOPMENT • USING TURN TAKING INTERACTIONS 	<ul style="list-style-type: none"> • ATTACHMENT: IMPORTANCE AND HOW IT IS SUPPORTED IN THE PARENT/CAREGIVER/CHILD RELATIONSHIP • ENCOURAGING AUTONOMY AND EXPLORATION • FACILITATING HEALTHY BRAIN DEVELOPMENT • FACILITATING LANGUAGE DEVELOPMENT • IMPORTANCE OF PLAYING WITH CHILDREN • IMPORTANCE OF SETTING AND KEEPING DAIL SCHEDULES FOR FEEDING, SLEEPING, BATHING AND PLAYTIME • SETTING LIMITS WITH 0-3 YEAR OLDS • USING TIME INS

Celebrating Families!™ is unique. It is the only multi-family program having been listed on the National Registry of Evidence Based Programs and Practices (NREPP) developed specifically for families dealing with substance use disorders and mental health challenges. The program is distinctive as it:

- Serves the whole family: children from birth through 17, their parents and caregivers
- Uses strength-based, trauma-informed strategies to increase healthy living skills
- Addresses substance use and mental health challenges in every session, helping parents/caregivers comprehend the critical importance for them of basic healthy behaviors, such as nutrition and sleep
- Focuses on breaking the cycles of addiction and abuse/violence in families
- Adapts teaching to be appropriate for families dealing with or at risk for substance use, learning differences and mental health challenges.

Celebrating Families!™ is provided throughout the United States by over 100 organizations, serving approximately 4,000/families/year and has been adapted for specific populations:

- Spanish speaking families, ¡*Celebrando Familias!*
- Native American families, Wellbriety *Celebrating Families!™*, in partnership with the White Bison organization in Colorado Springs, CO
- Families with young children, ages birth through three
- Women in residential treatment facilities with young children
- Families with adolescents in the juvenile court system

In California, there are several programs in San Jose, as well as in Sacramento and Hanford. Programs are funded primarily by their County's Department of Family and Children Services or Child Abuse Prevention. All have outstanding evaluation outcomes

3. Project Goals and Scope of Services

Prevention Partnership International has subcontracted with Community Solutions to lead and

coordinate this project. This RFQ concerns organizations interested in receiving training and technical assistance coaching to implement and evaluate the *Celebrating Families!* program at their site. Community Solutions (CS) is seeking two (2) organizations within the state of CA to be trained and coached in implementing the *CF!* program. Training, technical assistance coaching and curriculum costs will be provided at no cost to the selected sites. The selections will be made to responsive and responsible organizations based on their organizational mission, strategic goals, capacity to achieve the grant deliverables and capability to sustain the program beyond the 2-year grant cycle.

Responsibilities expected from selected organizations will include but may not be limited to the following criteria:

- A minimum of 8-10 staff, including at least one manager, to attend in 2.5 day *Celebrating Families!*[™] group leadership training and implement the model
 - *Training will be scheduled September 2019 at Community Solutions in Gilroy, CA*
- Fully implement three (3) 16-week cycles of *CF!* during the 2-year grant cycle with a minimum of 10 participating families per cycle, with at least one child ages 0-17, that are at risk for experiencing child abuse/neglect due to substance use disorders and other adverse childhood experiences.
 - *Cycle 1 to be completed between October 2019 and February 2020*
 - *Cycles 2& 3 to be completed between March 2020 and March 2021*
- Team participation in 6 coaching calls during first 16-week cycle of programming
 - *October 2019 - February 2020*
- Create a 3-year sustainability plan with grant coordinator – *Year 2 of grant*
- A minimum of 3 lead staff to participate in 2-day *CF!* Training of the Trainer
 - *Training will be scheduled January 2021 in Gilroy, CA*
- Data collection and submission utilizing tools set forth by PPI at the staff and client level in partnership with SJSU
 - *Tool submission within 30 days of completion of each 16-week cycle*
- Coverage of *CF!* program outcomes in organizational marketing materials

4. Anticipated Selection Schedule

The Request for Qualifications timeline is as follows:

Release of RFQ: March 29, 2019 ***Extension Announced: April 26, 2019***

Deadline for Bidders to Submit Questions: ~~April 12, 2019~~ ***Extension: May 9th***

Community Solutions Responds to Bidder Questions: ~~May 1, 2019~~ ***Extension: May 13th***

Proposals Due: ~~May 3, 2019 by 5pm~~ **Extension: May 24th by 5pm**

Selection of Top Bidders / Notification to Unsuccessful Bidders: ~~May 17, 2019~~ **Extension: June 7, 2019**

Contract Award: ~~June 1, 2019~~ **Extension: June 17, 2019**

5. Time and Place of Submission of Proposals

The RFQ will be posted on our website, CommunitySolutions.org, and can be downloaded from there directly as of 9 a.m. on March 29, 2019.

Respondents to this RFQ must submit one original and three copies of their proposal. Responses must be received no later than May 24, 2019 at 5pm. Responses should be clearly marked "RFQ-Celebrating Families" and mailed or delivered to the contact person listed above. No electronic submissions will be accepted.

6. Implementation Timeline

The grant cycle will be June 17, 2019 – March, 2021.

7. Proposal Narrative

The following should be submitted in narrative form. Please use no smaller than size 11 font and ensure that text is single spaced with standard margins.

a) Organizational Experience & Capacity (Limit 3 pages)

- i) Describe your organization's mission, scope of services, target population(s) and experience in delivering mental health and substance abuse services.
- ii) Describe your organization's experience and philosophy in providing family-based treatment services and services for families and children in group settings.
- iii) Describe your organization's training and supervision structure. Provide evidence of your commitment to trauma-informed care and cultural sensitivity.
- iv) Explain your organization's current capacity for and commitment to program data collection, evaluation and continuous quality improvement.

b) Implementation Plan (Limit to 2 pages)

Please provide a plan that describes how you will achieve the following to ensure successful implementation:

- i) What access do children 0-17 and their families have to your organization and how will you generate referrals?
- ii) What collaborative partnerships does your organization have in place that you would leverage?

- iii) Describe the clinical oversight that would be provided to provide support to staff and ensure fidelity to the model.
- iv) What capacity do you have to assign coordination of logistical tasks such as ordering meals, securing group space, preparing handouts and organizing supplies?

c) Funding & Sustainability Plan

- i) Funding for three cycles
 - (1) Please complete attached budget that illustrates how the program will be funded. Note the budget details the cost of one cycle. This grant award requires that selected organizations have a plan for funding for the three cycles that will be required. (*Attachment B*)
 - (2) How will you include the program as part of your continuum of care and secure funding for the program beyond the two-year grant cycle?

8. Evaluation Plan

Evaluation of *CF!* will be comprised of both outcome and process studies with families at-risk for child abuse. Outcome studies will include pre- and post-test self-assessments by parents. Process studies will include client satisfaction, fidelity monitoring, and surveys of site implementations conducted by the evaluation team. Other outcome or process studies can be initiated at the discretion of local sites.

The evaluation plan calls for local site evaluations as well as a statewide evaluation. The local evaluation will include the required fidelity monitoring, as well as any other studies of implementation, satisfaction, and outcomes that are desired by each site. These may include, for example, analyses of data collected as part of the curriculum, such as parent self-assessments and group leader observations. Sites may use internal evaluators, external consultants, and/or university researchers to assist with the local evaluation.

For the statewide evaluation, each *CF!* site will be responsible for collecting and maintaining data using the instruments listed below under “Required Data.” This evaluation plan does not preclude other reporting requirements for sites with contracts to local agencies, such as Departments of Family and Children’s Services, Departments of Behavioral Health, or other funding sources.

Sites will be responsible for transmitting data for *CF!* (excluding specific locally-contracted required data) to the statewide *CF!* team, following all federal and state requirements for protection of data privacy. Dr. Edward Cohen, from San Jose State University (SJSU), will oversee the evaluation program. His responsibilities will include:

- Developing evaluation methodologies and instrumentation for *CF!*
- Training of new sites in evaluation methodologies and data collection procedures
- Monitoring sites’ evaluations and providing ongoing technical assistance as needed
- Developing and negotiating data transmission procedures and technical infrastructure
- Receiving *CF!* data from agencies
- Analyzing statewide data and writing summary reports

Sites are also encouraged to develop relationships with local universities to assist with local evaluation activities. Such activities, for example, might include the use faculty and/or student research assistants to collect and analyze data, and the use of a university IRB for oversight of local evaluation activities. SJSU's IRB will provide oversight for the statewide evaluation.

a) Required Data

i. Adult Retro Pre- Post- Survey Interview (*Attachment D*)

The main research instrument measuring outcomes is the “Adult Retro Pre- Post- Survey Interview”. This instrument was adapted from a set of parent and family scales for similar family-centered interventions that measure the following dimensions¹:

- Parenting Scale (Subscales: Family Relationships, Parenting Skills, Child Resiliencies, Parent Depression, Child Peers Influence, and Alcohol/Drug Use)
- Family Strengths and Resiliencies Scale
- “How Good Are You At...” Scale
- “Learning from Celebrating Families!” Scale

The adaptation reduced the number of items to 61 from multiple and larger instruments. The instrument can be administered in an interview with a paraprofessional or student researcher, or parents can self-respond with supervision by a researcher. A Spanish version of the instrument is also available. This instrument was developed in order to obtain pre- and post-test outcome data from population who are typically hesitant to provide pre-test data about such topics as substance use and family relationships; previous researchers encountered poor response when administering the instrument early in the classes. Once families establish trust with treatment providers, their responses become more reliable, so the instrument can be used retrospectively, i.e. by asking the parent to rate each item twice: before they started *CF!* and now. Questions are segregated by age of the index child/adolescent (0-5 vs. 6-17). Reliability and validity testing of the revised version has not been completed.

ii. Celebrating Families!™ Satisfaction Questionnaire – All Parent/Caregiver (*Attachment E*)

The “Satisfaction Questionnaire – All Parent/Caregiver” asks respondents to rate agreement with seven items using a 6-point Likert scale. An additional five open-ended questions explore aspects of learning and suggestions for improving *CF!*. A Spanish version of this instrument is also available.

¹ Kumpfer, K. L., Whiteside, H. O., Greene, J. A., & Allen, K. C. (2010). Effectiveness outcomes of four age versions of the Strengthening Families Program in statewide field sites. *Group Dynamics: Theory, Research, and Practice*, 14(3), 211–229. <http://doi.org/10.1037/a0020602>

9. Attachment A – Organizational Demographics*(Complete separate fillable form online with RFQ announcement.)*

RFQ-FY19_PPI

Community Solutions-CA

Attachment A - Organizational Demographics Profile**Organizational Demographics**

Organization Name

Address

City

State

Zip

Primary Contact Name

Title

Phone

Email

Tax ID #

Organizational Mission Statement:

Annual Budget Amount:

of unduplicated clients served per year:

Population(s) Served:

☐ Early Childhood (0-5) ☐ Children & Youth ☐ Adults ☐ Older Adults ☐ Families

Service(s) Provided:

- | | |
|---|---|
| <input type="checkbox"/> Residential Substance Abuse Treatment | <input type="checkbox"/> Outpatient Substance Abuse Treatment |
| <input type="checkbox"/> Residential Mental Health Treatment | <input type="checkbox"/> Outpatient Mental Health Treatment |
| <input type="checkbox"/> Community-Based Behavioral Health Services Court Mandated Services | |
| <input type="checkbox"/> Faith-Based Counseling Services | |

On behalf of the organization, I am authorized to sign this proposal and agree that all information provided is accurate.

Name

Title



Signature

Date

9. Attachment B - Organizational References

(Complete separate fillable form online with RFQ announcement.)

RFQ-FY19-PPI

Community Solutions - CA

Organizational References (Attachment B)

Please list two external funding/referral sources with whom your organization works and from whom we can request confidential information regarding the quality of services provided by your organization

Reference #1**Name:** **Title:** **Organization:** **Address:** **Telephone:** **Email:** **Describe your organization's relationship with this reference:****Reference #2****Name:** **Title:** **Organization:** **Address:** **Telephone:** **Email:** **Describe your organization's relationship with this reference:**

10. Attachment C – Program Year 1 Budget

The budget template below lists all of the line items that must be considered to successfully implement one 16-week cycle of the *Celebrating Families!*[™] program. Please enter the projected cost for each line item according to your agency (*complete separate fillable form online with RFQ announcement*). Items that will be provided by this grant award are included and highlighted in blue.

Project Start-up Costs	Projected Cost	Narrative
Curriculum – Implementation Package	\$2,063	10 sets of five spiral-bound facilitator guides, 1 CD, 4DVDs, Handouts, 0-3 Supplement
2.5 Day Group Leader Training	\$7,000	Up to 20 staff
Implementation Technical Assistance and Coaching	\$9,500	Coaching calls, fidelity training, evaluation training and reporting
TOTAL GRANT AWARD IN-KIND	\$18,563	
Group Implementation Costs	Projected Cost	Narrative
Site Coordinator		18 weeks – 10 hrs/week
Group Leaders		10 staff x 18 weeks x 5 hrs/week (prep, facilitation and debrief)
Food		Dinner costs for staff and participants for 16 weeks
Supplies	\$500 (suggested minimum)	Handouts, arts and crafts, puppets, etc. as outlined in the curriculum
Space Rental (if your site does not have group space)		4-5 group rooms (one big enough for all participants to have dinner, and one that can accommodate 0-3 year olds in a child care group setting)
TOTAL AGENCY BUDGET/CYCLE		

11. Sample Required Evaluation Instruments*(The following are samples and are not for duplication)***a. Attachment D – Required Data Adult Retro Pre- Post- Survey Interview****Adult Retro Pre- Post- Survey Interview****For Children ages 0-17****Revised March 5, 2019****ABOUT YOUR FAMILY**

Name of Parent: _____

Phone number(s): _____

Accept texts? Yes__ No__

Address: _____

Email address: _____

Interview type check one: ☐ Pre-test☐ Post-test

Date of Interview: _____

Name of Research Interviewer: _____

How many children do you have? _____ (# kids)

Some of our questions are related to one of your children. Which child would you like to talk about today? _____

How old is this child now? _____

_____ Where was this child living prior to your participation in class? (circle all that apply)

1=with you 2=with a relative 3=foster home =other (specify) _____

_____ Where is this child living now?

1=with you 2=with a relative 3.=foster home =other (specify) _____

_____ What is your relationship to the identified child in program?

1 = Mother 4 = Aunt or Uncle 7 = Close Non-relative
 2 = Father 5 = Older Sister or Brother (Mentor/Advocate)
 3 = Grandparent 6 = Foster Parent 8 = Other (Specify) _____

PARENTING SCALE

Script for pre-test interview: How often would you say that each of these happen?

Script for post-test interview:

[Before Program] How often would you say that each of these happened before starting Celebrating Families?

[Now] How often would you say that each of these happen now?

Before Program	N/A	1= Never 2= Hardly ever 3= Sometimes 4= Almost Always	Now
		Questions 1-6 are for parents with children 5 and older	
_____		1. I praise my child when he/she has behaved well.	_____
_____		2. I use clear directions with my child.	_____
_____		3. We talk as a family about issues/problems, or we hold family meetings.	_____
_____		4. I reward completed chores with affirmations/praise, allowances or privileges.	_____
_____		5. I talk to my child about how he/she is doing in school (or other organized setting if not school)	_____
_____		6. I talk with my child about the negative consequences of alcohol and drug use.	_____

Before Program	N/A	1= Never 2= Hardly ever 3= Sometimes 4= Almost Always	Now
_____		<i>The following questions are for parents of all age children.</i> 7. I handle stress well.	_____
_____		8. I feel I am doing a good job as a parent.	_____
_____		9. I spend quality time with my child.	_____
_____		10. I let my child know I really care about him or her.	_____
_____		11. I am loving and affectionate with my child.	_____
_____		12. I enjoy spending time with my child.	_____
_____		13. I talk to my child about his/her feelings.	_____
_____		14. I use appropriate consequences when my child will not do what I ask.	_____
_____		15. I yell or shout when my child misbehaves.	_____
_____		16. I feel happy about my life most of the time.	_____
_____		17. I use alcohol or drugs around my child.	_____
_____		18. I have 5 or more drinks of alcohol in a day.	_____

OVERALL FAMILY STRENGTHS/RESILIENCE (Kumpfer, 1997)

This section is suitable for parents of all age children.

Script for pre-test interview: How much strength would you say your family has in each of these areas?

Script for post-test interview:

[Before Program] How much strength would you say your family had in each of these areas before you started with Celebrating Families?

[Now] How much strength would you say your family has in each of these areas now?

Before Program	N/A	1 = Very little strength 2 = Some strength 3 = Good strength 4 = Very strong	Now	N/A
_____		1. Family Supportiveness, love and care	_____	
_____		2. Positive Family Communication (clear directions, rules, praise)	_____	
_____		3. Effective Parenting Skills (reading to child, rewarding)	_____	
_____		4. Effective Discipline Style that is consistent with love and respect	_____	
_____		5. Family Organization (rules, chores, self responsibility)	_____	
_____		6. Family Unity (togetherness, cohesion)	_____	
_____		7. Positive Mental Health (generally feeling good about selves)	_____	
_____		8. Physical Health	_____	
_____		9. Emotional Strength	_____	
_____		10. Knowledge and Education	_____	
_____		11. Social Networking (making or talking with friends, building community)	_____	
_____		12. Spiritual Strength	_____	

HOW OFTEN ARE YOU (parent) GOOD AT...? (Kumpfer, SFP, 2000)

This section is for all age children.

Script for pre-test interview: *How often are you good at the following?*

Script for post-test interview:

[Before Program] How often were you good at the following before starting with Celebrating Families!™?

[Now] How often are you good at the following now?

Before Program	1= Never 2= Hardly ever 3= Sometimes 4= Almost Always	Now
___	1. Listening to others	___
___	2. Solving problems	___
___	3. Saying “no” to trouble	___
___	4. Using “I” messages	___
___	5. Advocating for my child(ren)	___
___	6. Praising others	___
___	7. Taking praise	___
___	8. Saying how you feel	___
___	9. Understanding feelings	___
___	10. Controlling anger	___
___	11. Protecting my child(ren)’s safety	___
___	12. Knowing the importance of healthy eating in recovery	___
___	13. Understanding how my chemical dependency has affected my child(ren)	___
___	14. Having more control over my life	___
___	15. Communicating with my child(ren)	___
___	16. Making better decisions and solving problems more effectively	___
___	17. Setting goals for myself	___
___	18. Slowing down and centering	___

Before Program	1= Never 2= Hardly ever 3= Sometimes 4= Almost Always	Now
_____	19. Knowing how to find and ask for help when I need it	_____
_____	20. Thinking things through before doing something	_____
_____	21. Having a strong relationship with someone outside my family who supports me in my recovery as an alcoholic/addict or co-dependent	_____
_____	22. Having someone safe to turn to for help	_____

Learning from *Celebrating Families!*[™]

Script for pre-test interview: How often would you say that each of these happen?

Script for post-test interview:

[Before Program] How often would you say that each of these happened before starting Celebrating Families?

[Now] How often would you say that each of these happen now?

Before Program	1= Never 2= Hardly ever 3= Sometimes 4= Almost Always	Now
_____	1. When my children are eating, I am attentive and talk with them	_____
_____	2. I understand my child's feelings and needs and respond appropriately.	_____
_____	3. I help others (Acts of Kindness)	_____
_____	4. I notice positive things in the world around me (Wonders of the World).	_____
_____	5. If I feel tense, nervous or irritable I know how to calm myself.	_____

Before Program	1= Never 2= Hardly ever 3= Sometimes 4= Almost Always	Now
_____	6. How often do you play or sing with your child?	_____
_____	7. How often do you read books or look at the pictures with your children?	_____
_____	8. How often do you tell each of your children “I love you”?	_____
_____	9. How often do you eat a meal together as a family?	_____

b. Attachment E – Required Data - *Celebrating Families!*[™] Satisfaction Questionnaire – All Parent/Caregiver

SATISFACTION QUESTIONNAIRE – ALL PARENT/CAREGIVER

GROUP LEADERS: MAKE COPIES ON COLORED PAPER. READ ALL FORMS OUT LOUD WITH GROUP.

DATE: _____ NAME: _____ M/F: _____ GROUP LOCATION: _____

HOW MANY CF! SESSIONS DID YOU ATTEND? _____

PLEASE RATE HOW MUCH YOU AGREE WITH THE FOLLOWING STATEMENTS ABOUT *CELEBRATING FAMILIES!*[™] CIRCLE ONLY ONE RESPONSE FOR EACH ITEM. USE THE FOLLOWING SCALE:

1=STRONGLY DISAGREE
2=DISAGREE
3=NEUTRAL
4=AGREE
5=STRONGLY AGREE
NA=DOES NOT APPLY

	CIRCLE ONE FOR EACH STATEMENT:						
1.	I LEARNED USEFUL THINGS THAT I CAN USE AT HOME.	1	2	3	4	5	NA
2.	THE LEADER UNDERSTOOD MY LIFE EXPERIENCES.	1	2	3	4	5	NA
3.	I FELT COMFORTABLE ASKING QUESTIONS.	1	2	3	4	5	NA
4.	I COULD EASILY UNDERSTAND THE MATERIALS.	1	2	3	4	5	NA
5.	I WOULD RECOMMEND <i>CELEBRATING FAMILIES!</i> [™] TO A FRIEND OR RELATIVE.	1	2	3	4	5	NA
6.	I WAS SATISFIED WITH MY CHILD'S LEADER.	1	2	3	4	5	NA
7.	WHAT I LEARNED WILL HAVE A LOT OF IMPACT ON ME AND MY FAMILY.	1	2	3	4	5	NA

8. WHAT ARE THE TWO MOST IMPORTANT THINGS YOU LEARNED?

9. WHAT ARE THE TWO MOST IMPORTANT THINGS YOUR CHILDREN LEARNED?

10. WHAT WILL YOU ALWAYS REMEMBER FROM THE PARENTS/CAREGIVERS GROUP?

11. WHAT WILL YOU ALWAYS REMEMBER FROM *CELEBRATING FAMILIES!*[™]?

12. WHAT WOULD YOU CHANGE ABOUT *CELEBRATING FAMILIES!*[™]?

THANK YOU FOR HELPING.