



Creating Opportunities • Changing Lives

Location:

9015 Murray Ave. Suite 100
Gilroy, CA 90520
408.842.7138
www.communitysolutions.org

Clinical Interventions for Trauma-2 Days

9:00 am – 5:00 pm
Community Room

PRIOR TO ATTENDANCE PARTICIPANTS MUST COMPLETE THE 10 HR TF-CBT ONLINE TRAINING AT <https://tfcbt2.musc.edu/>. PLEASE SEND TF-CBT WEB COMPLETION CERTIFICATE TO TRAINING@COMMUNITYSOLUTIONS.ORG

Course Description: Trauma Focused CBT is an evidenced based treatment model, considered to be “Best Practice” for Children age 18 and under who experience symptoms of PTSD. TF-CBT is a Core Care Model at Community Solutions, and is a required training for managers, coordinators and therapists in the Child and Youth Behavioral Health Division. Staff from other divisions are able to attend with supervisors’ advanced approval. This course will review the TF-CBT modules of Psychoeducation, Parenting Skills, Relaxation, Affective Identification and Regulation, Cognitive Coping, Trauma Narration and Processing, In Vivo Mastery, Conjoint Parent- Child Sessions, and Enhancing Safety and Future Development. This active course will provide role plays, opportunities to share resources, and provide specific interventions to use in each section of treatment. Participants are encouraged to bring their agency cell phone and laptop to the training. **This course is designed for licensed therapists, or therapists working toward licensure as LCSW, LMFT, and LPCC.**

Learning Objectives:

At the conclusion of this training, participants should be able to:

- discuss the empirical support for TF-CBT
- describe the problems addressed by TF-CBT and the core values of this treatment model
- recognize the importance of parents/caretakers as part of the TF-CBT treatment model
- describe relaxation skills, affective modulation, and cognitive coping as ways to enhance self-regulation
- relate the importance of the trauma narration and cognitive processing of the trauma in TF-CBT
- discuss the role of safety education and safety planning in the TF-CBT model

About the Trainer:

Lisa Colliss is a Licensed Clinical Social Worker and the Clinical Supervision & Training Manager at Community Solutions. Lisa has extensive clinical and training experience in evidence-based practices and trauma-informed care. She has served as a clinician in both large community-based organizations and in private practice with experience providing individual and group therapy to clients of all ages.

CONTINUING EDUCATION

This course is approved for **13 hours of continuing education units for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California B.B.S. under CEPA Provider #129412**



Community Solutions

Pre-registration is required.

To register, please visit our webpage at:

www.CommunitySolutions.org/Training

Please contact our Training Division if you need accommodations to ensure a comfortable learning experience to 408-846-4791