

# Community Solutions Training Institute

### CELEBRATING FAMILIES! TM GROUP LEADER TRAINING

3-SESSION COURSE DECEMBER  $9^{\text{TH}}$ ,  $10^{\text{TH}}$  &  $11^{\text{TH}}$  2020 9:00 am to 3:00 pm



Target Audience: Individuals providing services to children and families impacted by addiction who are seeking certification as a *Celebrating Families!* Group Leader

## **Course Description:**

Celebrating Families!  $^{\text{TM}}$  (CF!) is an evidence-based, trauma informed, whole-family recovery program. Through a cognitive behavioral, support group model, CF! Introduces and strengthens the skills necessary to live a safe, healthy, and contented life. With parents in new-found recovery, the focus is preventing children's future addiction, as well as improving the mental and physical health for everyone in the family. An evidence-based program, CF! has been shown by outside evaluators to strengthen recovery, improve family re-unification and increase healthy living skills for families impacted by substance use disorders, family violence, and child abuse and neglect. This training is for professionals and potential volunteers who are interested in learning how to facilitate this 16-session evidence-based support group model for families affected by addiction.

### By the conclusion of this workshop, participants will be able to identify and practice:

- Gain knowledge and understanding about alcohol, drug and brain chemistry, domestic violence risk and protective factors and how addiction affects the whole family.
- Understand and implement the fundamentals and framework unique to the implementation of the *CF!* program
- Develop their own connection with the *CF!* material and begin planning for implementation in their organization and/or community
- Demonstrate ability to co-facilitate the 16-week program virtually or in-person to fidelity

#### About the Lead Trainer:

Melissa Santos, BSW is the Senior Director of Professional Development and Organizational Initiatives at Community Solutions overseeing internal clinical training, leadership development, community-based training and strategic initiatives. She has over 20 years of experience in the behavioral health field and is a national trainer and CA Lead of the *Celebrating Families!* TM evidence-based model. Melissa has been a member of the Santa Clara County Touchpoints training team for over 10 years and facilitates trainings, conference workshops and webinars on trauma-informed care, mindfulness, recovery and organizational leadership throughout the country.

Pre-registration is required.

To register, please visit our webpage at: www.CommunitySolutions.org/Training

#### Cost:

\$ 325.00 per person

\$ 300.00 per person for 5+ from same organization

To receive a full refund, you must notify
Community Solutions about your cancellation at
least 48 hours prior to the training day.
Notifications must be sent by email to:

training@communitysolutions.org

Refunds will not be given for no-shows.

To request accommodations for special needs, report a grievance, or for any other questions, please call 408.842.7138 or email Training@communitysolutions.org