

Therapeutic Behavioral Services (TBS)

Program Description: Must already be in mental health services program. Must be at risk of losing current placement and going to a higher level of care. Intensive TBS coach services one-to-one coaching in behavioral skills and rehabilitation counseling regarding reducing target behaviors. Services are brief, structured on a specific behavior. Interventions are designed to reduce the specifically measured Target Behaviors and to increase alternative skills and preferred optional behaviors. Frequency, duration and time modality. Each week the TBS coach should complete an outcome measure which tracks the FID (Frequency, Intensity and Duration) of the Target Behaviors.

Eligibility Criteria: Full-scope Medi-Cal.

Contact Information:

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